

FairfaxMD

PLLC Internal Medicine

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Dear Patients:

We are sad to inform you that FairfaxMD, the medical practice of Dr. Richard Chen and Dr. Cecilia Young, will close on August 31, 2022. This was a very difficult decision to make. As many of you are aware, Dr. Chen has been on extended medical leave since September of 2019. Over Labor Day of that year Dr. Chen sustained a significant heart attack. His evaluation and treatment uncovered additional medical concerns. The pandemic unfortunately delayed testing and treatment as well as placing Dr. Chen at high risk for complications should he catch Covid. Dr. Chen currently does not feel ready to return to practice and recognizes it has been difficult for Dr. Young to manage the practice on her own for so long. Therefore, we feel closing the practice is the best option.

After much consideration, Dr. Young has decided to join Inova's VIP 360 Concierge medical practice. I had always envisioned practicing medicine in the traditional manner, but over the years, the administrative burdens, the adoption of electronic medical records and the shrinking insurance reimbursements have made the traditional private practice extremely difficult to maintain. Joining the VIP 360 practice will allow longer visits and eliminate waiting 3-4 months to reschedule a physical should you need to cancel the appointment. It will allow me to offer telemedicine appointments, email interactions and a far better patient portal for you to review your test results. Over the years patients have voiced their desire for all of these options.

I have met with Inova's VIP 360 Concierge staff and am impressed with their warmth, professionalism and compassion. I know you will feel that way as well. Jean will be transitioning with me to our new home and we hope many of you will be able to join us. Please be aware, I will be limited to only 400 patients total and we expect to begin enrolling patients in early June on a first come first served basis. Enrollment is open to both Dr. Young and Dr. Chen's patients. If you are interested in the VIP 360 Concierge practice, but would prefer a male physician, I can recommend Dr. Michael Kim. For patients transitioning to the VIP 360 Concierge practice, I will personally transfer your medical records so you will not have to do anything. A letter from Inova is included that will give you information about the enrollment process.

For those of you who do not want or need the concierge model, Inova's Primary Care clinics are a good option. They have several offices throughout Northern Virginia and will be able to take over your medical care. Alternatively, you may go to your health insurance website for a list of physicians who participate with your health plan. You may request a copy of your medical records to be sent to your new physician. Please go to our website, FairfaxMD.com for information how to request a copy of your records.

We wish you the best of health in the years to come.

Sincerely,



Cecilia T. Young, M.D.



Richard Chen, M.D.

Frequently Asked Questions

As with any change, I realize you may have questions that you need answered before you make the decision to follow me to my new practice at Inova VIP 360°. Please take a moment to review the below information to help guide your decision.

What is subscription or concierge medicine?

Subscription medicine is an approach to medical practice in which patients pay a membership fee in exchange for services or amenities. Memberships may be paid monthly or annually. Physicians in Inova VIP 360° are more readily available to member patients and provide enhanced services such as same-day or next-day appointments for nonurgent care, as well as periodic preventive care examinations.

Will Inova VIP 360° accept my insurance plan for services?

With the exception of Kaiser and Cigna Sure Fit, Inova accepts most major health insurance plans (Cigna PPO, United, Aetna, Innovation Health, Carefirst, Medicare, etc). Patients who carry Kaiser should contact their insurance plan to verify benefits at Inova as an out-of-network provider.

What is included in the Inova VIP 360° Concierge Medicine Program?

Inova provides enhanced access to a board-certified physician at a time convenient to you. Our physicians limit their practices to an average of 400 patients, so they can provide you their undivided attention, superior preventive medical care and detailed wellness education. Other features include 24-hour access to a physician via phone, email communication for nonurgent matters, wellness planning and periodic comprehensive preventive care physical examinations.

What if I need care after hours?

An Inova VIP 360° Concierge Medicine doctor is always available by cell after office hours at your convenience. In addition, with access to Inova's comprehensive healthcare services, it's comforting to know you have access to the highest quality of patient care at any time, day or night.

What if I need to see a specialist?

By being part of this exclusive concierge program, you are assured access to all of Inova's world-class specialists and leading-edge research. Whether you are in Loudoun County, Fairfax, Alexandria, Arlington, Mount Vernon or any other region of the Washington, DC, region, Inova VIP 360° will accommodate your specific healthcare needs.

Will I receive a preventive physical examination as a member?

Yes, a comprehensive preventive care examination is provided to you annually as long as you maintain your membership. Our physicians are committed to providing you preventive wellness and fitness care in our state-of-the-art healthcare setting.

Do I still need to maintain my health insurance?

Yes, you will still need to maintain your normal health insurance, in addition to the Inova VIP 360° Concierge Medicine Program's annual fee. This special fee provides you unique access to enhanced services and amenities as noted above. For all clinical services, your insurance, copay and/or Medicare rules regarding service and billing apply. HMO beneficiaries will need to designate the VIP 360° physician as their primary care physician with their plan provider.

Is it possible to meet with you before making a decision?

Absolutely. We encourage you to contact our offices at the location of your choice to learn more about the exclusive care you will receive with our program. You may also schedule a meeting with one of our physicians to discuss the program's benefits. Just call us.

Where do I go for my appointments?

I will be practicing at a beautiful state-of-the-art facility on the Inova Center for Personalized Health Campus located at the Inova Specialty Center, 8081 Innovation Park Dr., Suite 200 in Fairfax.

Where can I find out more information on Inova VIP 360°?

Please visit inovavip360.org for more information.

What should I do if I want to stay with a traditional primary care practice?

It is recommended you establish care with one of the many Inova Primary Care physicians. More information on Inova physicians and locations is available at: inova.org/locations/inova-primary-care.